CLARK CREEK LODGE ... PACKING LIST WHAT TO PACK FOR OVERNIGHT CAMPS – SUMMER, 2023

Hello Campers and Parents

Get ready for a fantastic experience at Clark Creek. Whether your youth is coming for one week or more, preparing for camp should be easy and stress-free. **Keep it simple**. Everything should fit in a medium-sized travel bag. Also bring a sleeping bag. Campers stay in nice cabins, the beds have comfortable memory foam mattresses, each camper is provided their own storage space. Cabins have showers and toilets.

Days at Clark Creek are mostly spent outdoors, swimming, hiking, engaging in outdoor sports and activities. Evenings in the lodge are casual. This is **not** a "dress up" camp.

NOTE: NO KNIFES or WEAPONS of ANY KIND are allowed. They will be confiscated. CELL PHONES and other electronic devices are collected upon arrival at Clark Creek and placed in safe keeping. Limited access is provided at designated times during the week. PRESCRIPTION MEDICATIONS are collected on arrival, placed in safe keeping and distributed as prescribed. No medications are permitted in the cabins.

CAMP WEEK PACKING LIST

Pack <u>only</u> ONE medium suitcase, ONE backpack and a sleeping bag.

Items to pack:

- □ Sleeping bag and (Optional: personal pillow).
- □ Clothing for 6 days (laundry is available for longer staying campers).
 - It will be hot. Pack shorts, t-shirts and at least one long sleeve sweater.
- □ Shoes for walking and hiking (flip-flops don't count)
- □ Water shoes for walking in creeks, rivers and lakes. Google search for "water shoes" to see examples.
- □ Old jeans and hooded sweatshirt if you plan to engage in paintball.
- □ Toiletries (toothbrush etc.), **sunscreen** and lotion
- □ Bathing suit and towels (2)
- □ Good hat or baseball cap (Optional and recommended: sunglasses)
- □ Water bottle, flashlight
- □ Spending money. Campers buy lunch on the way going & returning from camp. There is also a snack shack at Clark Creek. \$50/wk is enough.
- □ **OPTIONAL**: Fishing gear, ear plugs, games.
- **OPTIONAL**: A wet suit. Some places we swim are cold.
- □ Anything else you feel your child will need (meds, etc.).

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